

# Packages

## Ultimate Relaxation

Time: 3 Hours and 30 minutes

Package Price: Php 2,500

Full Price: Php 2,950

Inclusions:

Hair Spa	Hair Styling
Manicure	Pedicure
Body Wrap	Aromatherapy Massage

## Little Princess

Time: 1 Hour and 30 minutes

Package Price: Php 1,250

Full Price: Php 1,400

Inclusions:

Mini Facial	Smooth Massage
Hair Shampoo	Hair Styling
Mini Manicure	Mini Pedicure

## Coco Suite

Time: 3 Hours

Package Price: Php 2,350

Full Price: Php 2,650

Inclusions:

Foot Spa	Facial
Manicure	Pedicure
Aromatherapy Massage	

## Gentleman's Deluxe

Time: 2 Hours and 30 minutes

Package Price: Php 2,250

Full Price: Php 2,550

Inclusions:

Shiatsu / Acupressure	Hair Treatment
Shave	Facial
Manicure	Pedicure

## Mindoro Deluxe

Time: 3 Hours

Package Price: Php 2,200

Full Price: Php 2,500

Inclusions:

Body Scrub	Body Wrap
Aromatherapy Massage	

## Man's Essentials

Time: 1 Hour and 30 minutes

Package Price: Php 1,300

Full Price: Php 1,500

Inclusions:

Shave	Hair Cut
Foot Spa	

## Traditional Filipino Healing

Time: 1 Hour and 50 minutes

Package Price: Php 900

Full Price: Php 1,100

Inclusions:

Bentoza	Hilot
Banana Leaf Method	



# Behiya Spa



*Pamper yourself with the very best  
of nature wrapped around your body.*

# Massage

## Aromatherapy

The use of specific essential oils extracted from herbs, flowers, resin, woods and roots are added to carrier oil such as almond oil, are used during the massage. Each oil has its unique characteristics and benefits.

Time: One hour (60 minutes) Price: Php 600

## Ultimate Relax

An aromatherapy massage given by two therapists at the same time - a real ultimate relaxation.

Time: One hour (60 minutes) Price: Php 1,000

## Signature

Another aromatherapy massage with a combination of massage techniques such as Swedish, Thai and Shiatsu matched with the therapist's unique style.

Time: Two hours (120 minutes) Price: Php 1,100

## Hot Stone

This is a deeply soothing and relaxing form of massage. Heated smooth, flat stones are placed on the key points of the body to help tight muscles release. The stones are then used to massage you, switching to warmer stones every time.

Time: Two hours (120 minutes) Price: Php 1,400

## Shiatsu / Acupressure

This massage is an ancient art which uses the fingers to press the key points on the surface of the skin to stimulate the body's natural self - curative abilities.

Time: One hour (60 minutes) Price: Php 700

## Reflexology

This technique performed at your hands and feet, is used to reduce pain, increase relaxation and stimulate circulation of blood and lymphatic fluids.

Time: One hour (60 minutes) Price: Php 400

## Filipino Traditional Massage

### Hilot

It is an ancient art of Filipino healing. Hilot is a highly intuitive touch therapy customized to the needs of the client in order to remove energy imbalance thereby achieving renewed state of wellness.

Time: One hour (60 minutes) Price: Php 500

### Banana Leaf Method with Hilot

The Banana leaf is used to determine the location of the energy block in the body. A strip of the leaf is laced with coconut oil, warmed over candle fire then run over areas of the body. If it stops at a particular area or if the hilot practitioner senses a thug, that part of the body is considered to have an energy block. Massage is then focused on this areas.

Time: Two hours (120 minutes) Price: Php 800

### Bentosa with Hilot

Derived from an ancient Chinese therapy, it has been practiced by ancestral Filipino traditional healers for centuries. Using a heated circular glass, it acts as a vacuum that draws out toxins and excess cold energy from the body. The suction created increases the local circulation of blood and dispels cold dampness from the body. It is suitable for releasing swelling.

Time: Two hours (120 minutes) Price: Php 950

# Body Scrub

Enjoy a relaxing body scrub using all natural ingredients to exfoliate and remove dead skin cells leaving your skin clear and smooth. This process also stimulates the circulation of blood in the skin tissues, giving it a rosy glow.

Choose from the following scrubs:

- Lavender Sugar
- Minty Sugar
- Coffee
- Tsokolate
- Coco Rice
- Coconut

Time: One hour (60 minutes)

Price: Php 900

# Body Wrap

Moisturize your skin with the best of nature can offer. Long light strokes is done while applying your chosen natural moisturizer then our therapist will wrap you in banana leaves for the epidermis to absorb the products into the deeper layers.

Choose from the following wraps:

- Honey
- Papaya
- Banana
- Avocado
- Oatmeal

Time: One hour (60 minutes)

Price: Php 1,000

Check with our therapists what new creations they can offer.

### Guidelines for all treatments

- It is advised that you book ahead so you can get your preferred time.
- Please be in the spa a few minutes prior your appointment. If you would like to shower first, please do this in your room as our spa rooms are limited.
- Please book at least 3 hours prior to your desired appointment for the Packages.
- All cancellation must be done three hours before appointment, otherwise a 50% cancellation fee will be implemented.

